



# Affirmations for Radical Success



Printable affirmations to deal with issues surrounding courage.

## *Courage Affirmations*

- I feel sympathy toward myself for all the time I have been afraid.
- I forgive those who convinced me to have unreal fears.
- I am freeing myself from fear.
- I have courage to match any fear.
- I trust my strength and resourcefulness as a person
- I trust the strength that rises in me when I have to face something scary.
- I believe in myself as a person who handles what comes my way today.
- I always rise to a challenge.
- I store courage in my body.
- I accept the peace and calm that come from having courage.
- I replace fear thoughts with courageous thoughts.
- I make decisions based on courage.
- I only listen to those who want to encourage me.
- I am courageous in everything.
- I grasp courage and I meet everything with courage.
- I fill my mind with thoughts about how the best will happen.
- I trust myself always to find an alternative.
- I smile at my scared ego with tough love.
- I am confident in my ability to deal with situations or people that scare me.
- I am encouraged more and more by what is happening, by what has happened, by what will happen
- I face failure or success with courage
- I face guilt and shame with courage
- I accept aloneness or spare time with courage
- I face potential betrayal with courage
- I approach anyone with courage
- I love courageously
- I allow myself to be loved courageously
- I keep letting go and I keep going on
- I embrace performance situations with courage
- I am up to any situation
- I have the courage to let go of control
- I face the circumstances with courage
- I accept that I sometimes lose
- I accept that things change and end
- I accept that pain is part of life
- I accept that things are not always fair
- I accept that people may lie to me, betray me, or not be loyal to me
- I accept life as it is, forgiving enough to accept it as it has been
- I acknowledge my present situation as a path
- I appreciate all the ways that things work out for me

- My courage finds the alternatives fear tries to hide
- I am grateful for the love that waits for me everywhere
- I feel deeply loved by many people I feel loved and watched over by God
- I believe that I have an important destiny, that I am living in accord with it, and that I will survive to fulfill it
- I am more and more aware of others' fears, more and more sensitive to them, more and more compassionate toward them
- I am more and more courageous as I live my program for dealing with fear
- I let the chips fall where they may
- I admit it when I feel fear
- I let fear pass by My actions reflect my courage
- I enjoy the funny side of fear
- I have courage and wit I protect myself
- I am peaceful I am courageous under fire I am a hero:
- I live through pain and am transformed by it.
- I am bigger than people or circumstances that may threaten me.
- I let people's attempts to menace me fall flat. I face threats with a lion's courage.
- I face a fight with courage knowing I will win.
- I show grace under pressure.
- I stop running; I stop hiding.
- More and more of my fear is becoming healthy excitement.
- I meet danger face to face.
- I stand up to a fight.
- I take the bull by the horns.
- I run the gauntlet.
- I put my head in the lion's mouth.
- I stick to my guns and hold my fire.
- Courage automatically rises in me when I face a threat.
- I dare to show myself as I am: courageous.
- I release the courage that has been hidden inside me.
- I am thankful for the gift of courage.
- I am decisive and self-confident.
- I am courageous in the face of fear.
- I have grit, stamina, and toughness.
- I take risks and always act with responsibility and grace.
- I let go of the need to meet others' expectations.
- I meet others' anger with aloof coolness and courage.
- I am courageous around people who do not like me.
- I let go of my terror about disapproval, ridicule, or rejection.
- I dare to be myself.
- I let my every word, feeling, and deed reveal me as I truly am.
- I dare to live the life that truly reflects my deepest needs and wishes.
- I revel in my own power.
- I am irrepressible.
- I draw upon ever-renewing sources of lively energy within me.
- I am great-hearted and bold-spirited.
- I dare to be committed to maintaining my own boundaries.
- I honor and evoke my human powers, my God given powers.
- I let true love cast out my fear.

